



Afrekaskrá karla

50 metra flugsund

1.	Frjófinnur Kristinsson	0:25,38	80 00
2.	Hjalti Rúnar Oddsson	0:26,54	87 04
3.	Magnús Már Kristinsson	0:27,78	86 04
4.	Tryggvi Helgason	0:28,04	63 86
5.	Gunnar Örn Ólafsson	0:29,60	84 04
6.	Þróstur Ingvarsson	0:29,01	63 81
7.	Sigfús Harðarson	0:30,67	82 00
8.	Ægir Sigurðsson	0:31,66	78 90
9.	Stefán Ólafsson	0:31,97	79 97
10.	Hugi S. Harðarson	0:32,09	63 83

100 metra flugsund

1.	Frjófinnur Kristinsson	0:55,08	80 99
2.	Hjalti Rúnar Oddsson	0:57,56	87 04
3.	Tryggvi Helgason	0:59,95	63 84
4.	Magnús Már Kristinsson	1:00,80	86 04
5.	Þróstur Ingvarsson	1:03,43	63 81
6.	Ægir Sigurðsson	1:03,52	78 94
7.	Stefán Ólafsson	1:04,13	79 97
8.	Hugi S. Harðarson	1:05,46	63 83
9.	Svanur Ingvarsson	1:05,60	63 81
10.	Steinþór Guðjónsson	1:08,62	62 84

200 metra flugsund

1.	Frjófinnur Kristinsson	2:07,70	80 99
2.	Tryggvi Helgason	2:11,40	63 84
3.	Númi Snær Gunnarsson	2:18,19	80 99
4.	Hjalti Rúnar Oddsson	2:19,95	87 04
5.	Þróstur Ingvarsson	2:22,45	63 81
6.	Magnús Már Kristinsson	2:27,13	86 04
7.	Svanur Ingvarsson	2:27,55	63 81
8.	Hugi S. Harðarson	2:28,56	63 81
9.	Hreiðar Jónsson	3:02,13	81 98
10.	Gunnar Þór Gunnarsson	3:04,66	70 97

50 metra baksund

1.	Hjalti Rúnar Oddsson	0:29,06	87 04
2.	Eðvarð Þór Eðvarðsson	0:29,34	67 94
3.	Frjófinnur Kristinsson	0:29,44	80 00
4.	Númi Snær Gunnarsson	0:30,12	80 99
5.	Hugi S. Harðarson	0:30,98	63 80
6.	Ævar Örn Jónsson	0:31,24	72 94
7.	Gunnar Örn Ólafsson	0:32,86	8404
8.	Tryggvi Helgason	0:33,12	63 80
9.	Ægir Sigurðsson	0:33,47	78 94
10.	Sigfús Harðarson	0:33,49	82 00

100 metra baksund

1.	Eðvarð Þór Eðvarðsson	0:59,50	67 94
2.	Hjalti Rúnar Oddsson	1:02,00	87 04
3.	Númi Snær Gunnarsson	1:03,17	80 99
4.	Hugi S. Harðarson	1:04,20	63 80
5.	Ævar Örn Jónsson	1:06,17	72 94
6.	Stefán Ólafsson	1:06,70	79 00
7.	Ægir Sigurðsson	1:09,28	78 94
8.	Frjófinnur Kristinsson	1:09,36	80 96
9.	Tryggvi Helgason	1:10,90	63 80
10.	Þróstur Ingvarsson	1:11,28	63 84

200 metra baksund

1.	Hugi S. Harðarson	2:16,20	63 83
2.	Hjalti Rúnar Oddsson	2:19,80	87 04
3.	Númi Snær Gunnarsson	2:19,97	80 99
4.	Ævar Örn Jónsson	2:26,49	72 94
5.	Þróstur Ingvarsson	2:32,70	63 80
6.	Svanur Ingvarsson	2:34,20	63 80
7.	Þórir Hergeirsson	2:39,40	64 80
8.	Tryggvi Helgason	2:40,80	63 81
9.	Gunnar Þór Gunnarsson	2:44,20	70 97
10.	Sigfús Harðarson	2:47,80	82 99

Sunddeild Selfoss

50 metra bringusund

1.	Tryggvi Helgason	0:31,03	63 86
2.	Númi Snær Gunnarsson	0:31,30	80 99
3.	Sigfús Harðarson	0:32,58	82 04
4.	Eðvarð Þór Eðvarðsson	0:33,12	67 94
5.	Magnús Már Kristinsson	0:34,20	86 04
6.	Steinþór Guðjónsson	0:34,65	62 84
7.	Hjalti Rúnar Oddsson	0:34,95	87 04
8.	Gunnar Örn Ólafsson	0:37,11	84 04
9.	Stefán Ólafsson	0:38,44	79 96
10.	Hrólfur Laugdal Árnason	0:38,54	95 09

100 metra bringusund

1.	Tryggvi Helgason	1:05,51	63 84
2.	Númi Snær Gunnarsson	1:07,38	80 99
3.	Eðvarð Þór Eðvarðsson	1:11,04	67 94
4.	Frjófinnur Kristinsson	1:11,27	80 99
5.	Sigfús Harðarson	1:13,24	82 04
6.	Hjalti Rúnar Oddsson	1:13,30	87 04
7.	Steinþór Guðjónsson	1:14,65	62 84
8.	Leifur Gunnarsson	1:17,25	85 00
9.	Hreiðar Jónsson	1:17,65	81 97
10.	Ægir Sigurðsson	1:17,66	78 94

200 metra bringusund

1.	Númi Snær Gunnarsson	2:23,47	80 99
2.	Tryggvi Helgason	2:26,00	63 83
3.	Hreiðar Jónsson	2:45,59	81 97
4.	Hjalti Rúnar Oddsson	2:47,77	87 02
5.	Jóhann Bjarnason	2:49,66	67 83
6.	Leifur Gunnarsson	2:52,29	85 99
7.	Sigfús Harðarson	2:56,05	82 00
8.	Hrólfur Laugdal Árnason	2:59,18	95 10
9.	Frjófinnur Kristinsson	3:01,34	80 94
10.	Magnús Már Kristinsson	3:02,41	86 04

50 metra skriðsund

1.	Frjófinnur Kristinsson	0:23,33	80 99
2.	Hjalti Rúnar Oddsson	0:25,14	87 04
3.	Ægir Sigurðsson	0:25,88	78 95
4.	Stefán Ólafsson	0:25,88	79 97
5.	Magnús Már Kristinsson	0:26,29	86 04
6.	Sigfús Harðarson	0:26,67	82 00
7.	Tryggvi Helgason	0:26,92	63 86
8.	Jónas Ásbjörnsson	0:27,00	87 02
9.	Gunnar Örn Ólafsson	0:27,31	84 04
10.	Hrólfur Laugdal Árnason	0:27,69	95 10

100 metra skriðsund

1.	Frjófinnur Kristinsson	0:52,52	80 99
2.	Hjalti Rúnar Oddsson	0:54,31	87 04
3.	Stefán Ólafsson	0:55,29	79 97
4.	Þróstur Ingvarsson	0:55,80	63 81
5.	Tryggvi Helgason	0:55,91	63 83
6.	Ægir Sigurðsson	0:56,08	78 95
7.	Steinþór Guðjónsson	0:56,33	62 84
8.	Hugi S. Harðarson	0:56,37	63 81
9.	Svanur Ingvarsson	0:57,65	63 83
10.	Magnús Már Kristinsson	0:59,25	86 04

200 metra skriðsund

1.	Frjófinnur Kristinsson	1:57,25	80 98
2.	Hjalti Rúnar Oddsson	1:59,38	87 04
3.	Hugi S. Harðarson	2:02,40	63 81
4.	Þróstur Ingvarsson	2:03,10	63 81
5.	Stefán Ólafsson	2:03,47	79 97
6.	Ægir Sigurðsson	2:05,79	78 95
7.	Magnús Kristinsson	2:09,59	86 04
8.	Svanur Ingvarsson	2:11,20	63 80
9.	Jónas Ásbjörnsson	2:16,00	87 01
10.	Sigfús Harðarson	2:17,47	82 00

1.sep.11

400 metra skriðsund

1.	Frjófinnur Kristinsson	4:11,19	80 99
2.	Hugi S. Harðarson	4:17,99	63 81
3.	Þróstur Ingvarsson	4:24,02	63 81
4.	Ægir Sigurðsson	4:24,02	78 94
5.	Stefán Ólafsson	4:39,78	79 96
6.	Hreiðar Jónsson	4:46,94	81 97
7.	Svanur Ingvarsson	4:47,20	63 81
8.	Guðjón Birgir Þórisson	4:48,09	78 93
9.	Magnús Már Kristinsson	4:58,72	86 01
10.	Þórir Hergeirsson	5:01,50	64 80

800 metra skriðsund

1.	Frjófinnur Kristinsson	8:45,70	80 98
2.	Hugi S. Harðarson	8:56,50	63 81
3.	Hjalti Rúnar Oddsson	8:57,04	87 04
4.	Svanur Ingvarsson	9:51,00	63 83
5.	Þróstur Ingvarsson	9:59,90	63 80
6.	Steinþór Guðjónsson	10:02,80	62 84
7.	Guðjón Birgir Þórisson	10:28,25	78 92
8.	Hreiðar Jónsson	10:29,61	81 95
9.	Jón Ívar Jóhannsson	10:47,06	80 94
10.			

1500 metra skriðsund

1.	Frjófinnur Kristinsson	16:44,88	80 98
2.	Númi Snær Gunnarsson	16:48,42	80 98
3.	Hugi S. Harðarson	17:17,30	63 81
4.	Hreiðar Jónsson	18:33,37	81 97
5.	Jónas Ásbjörnsson	21:40,86	87 00
6.	Leifur Gunnarsson	23:52,19	85 98
7.			
8.			
9.			
10.			

100 metra fjórsund

1.	Frjófinnur Kristinsson	1:00,07	80 00
2.	Númi Snær Gunnarsson	1:01,39	80 99
3.	Hjalti Rúnar Oddsson	1:02,72	87 04
4.	Magnús Már Kristinsson	1:06,95	86 04
5.	Sigfús Harðarson	1:08,87	82 04
6.	Gunnar Örn Ólafsson	1:13,70	84 04
7.	Stefán Ólafsson	1:14,19	81 96
8.	Jónas Ásbjörnsson	1:15,21	84 04
9.	Kári Valgeirsson	1:25,57	98 11
10.	Hannes Höskuldsson	1:30,09	99 11

200 metra fjórsund

1.	Númi Snær Gunnarsson	2:07,34	80 99
2.	Tryggvi Helgason	2:14,66	63 84
3.	Hjalti Rúnar Oddsson	2:15,09	87 04
4.	Frjófinnur Kristinsson	2:16,55	80 00
5.	Hugi S. Harðarson	2:19,70	63 81
6.	Stefán Ólafsson	2:23,55	80 97
7.	Ægir Sigurðsson	2:24,74	78 94
8.	Svanur Ingvarsson	2:30,77	63 84
9.	Hreiðar Jónsson	2:31,51	81 97
10.	Magnús Már Kristinsson	2:32,22	86 01

400 metra fjórsund

1.	Númi Snær Gunnarsson	4:33,72	80 99
2.	Frjófinnur Kristinsson	4:50,69	80 00
3.	Hjalti Rúnar Oddsson	4:55,44	87 04
4.	Hugi S. Harðarson	4:55,89	63 81
5.	Ægir Sigurðsson	5:08,04	78 95
6.	Hreiðar Jónsson	5:27,94	81 97
7.			
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